

Dúshláin Bhliain na Gaeilge/Bliain na Gaeilge Challenges

	A. Imeachtaí Events	B. Nasc leis an bPobal Community Involvement	C. Poiblíocht Publicity	D. Ealaíona Arts	E. Líonrú Networking	F. Cruthú Creation	G. Féinfhorbairt Self-Development
1	Tóraíocht Taisce/ <i>Treasure Hunt</i> ☐	Eagraigh imeacht don phobal/ <i>Organise an event</i> ☐	Físeán a uaslódáil / <i>Upload a video to Youtube</i> ☐	Ceardlanna/Ealaín as Gaeilge/ <i>Workshops or Art through Irish</i> ☐	Malartú le club eile <i>Club Exchange</i> ☐	Leabhar oidis le bia sláintiúil/ <i>Healthy Recipes Book</i> ☐	2 abairt i nGaeilge sa bhaile/ 2 <i>Irish sentences at home</i> ☐
2	Ióga tré Ghaeilge/ <i>Yoga through Irish</i> ☐	Déan gnó tré Ghaeilge/ <i>Business through Irish</i> ☐	Tionscnamh Teilifíse/ <i>T.V Project</i> ☐	Bratach a dhéanamh/ <i>Create a flag</i> ☐	Turas chuig an Ghaeltacht/ Gaeltacht eile/ <i>Visit the Gaeltacht/or another Gaeltacht</i> ☐	Frásaí i nGaeilge a chur le chéile/ <i>List of Irish phrases</i> ☐	Caith an fháinne/ <i>Wear the ring</i> ☐
3	Siúlóid Dúlra/ <i>Nature Walk</i> ☐	Tús a chur le Club Leabhar Gaeilge/ <i>Start a book club</i> ☐	Feachtas na Meán Sóisialta/ <i>Social media campaign</i> ☐	Rince Gaelach a fhoghlaim / <i>Learn an Irish dance/dancing</i> ☐	Turas/Líonrú idirnáisiúnta/ <i>International trip or networking</i> ☐	Liosta Logainmneacha/ <i>List of Placenames</i> ☐	Caith Geansaí le Gaeilge air/ <i>Wear a jumper with Irish logo/phrase</i> ☐
4	Cúrsa Bacainní/ <i>Obstacle Course</i> ☐	Duine cáiliúil sa phobal/ <i>Invite an influential person to the club</i> ☐	Dúshlán Grian-ghrafadóireachta/ <i>Photography challenge</i> ☐	Seanfhocail Gaeilge/ <i>Old Irish Phrases</i> ☐	Cuireadh do chara chuig an chlub/ <i>Bring a friend to the club</i> ☐	Scríobh dán / <i>Write a poem</i> ☐	Aimsigh stair d'ainm & do shloinne/ <i>Research the history of your name & surname</i> ☐
5	Lá Spóirt/ Sports Day ☐	Eagraigh imeacht carthanachta/ <i>Organise a charity event</i> ☐	Teachtaireacht chuig Spin / <i>Send a request to Spin</i> ☐	Colláis/ <i>Collage</i> ☐	Lá teaghlach sa chlub / <i>Family day</i> ☐	Scríobh leabhar/ <i>Write a book</i> ☐	'Croí na Gaeilge' ar charranna do mhuintire/ <i>'Croí na Gaeilge' stickers</i> ☐
6	Dioscó nó Céilí a eagrú / <i>Organise a disco or céilí</i> ☐	Tráth na gCeist/ <i>Quiz Night</i> ☐	Nuachtlitir an Chlub' dhátheangach/ <i>A bilingual club newsletter</i> ☐	Clúdach albaim an chlub/ <i>An album cover</i> ☐	Agallamh le tuismitheoirí/ seanthuismitheoirí/ <i>Interview a parent/ grandparent</i> ☐	Bratach a dhearadh/ <i>Design a flag</i> ☐	Éist le hamhrán amháin i nGaeilge in aghaidh na seachtaine/ <i>Listen to at least one song in Irish a week</i> ☐
7	Imeacht ar Shabháilteacht ar line/ <i>Online Safety Event</i> ☐	Cóisir ghléasta Ghaelach/ <i>Fancy Dress (Irish culture theme)</i> ☐	#SpriocScuad/ <i>#SquadGoals</i> ☐	Scéal grinn tré Ghaeilge / <i>Tell a joke, in Irish</i> ☐	Freastal ar imeacht Gaeilge/ <i>Attend an Irish event</i> ☐	Liosta de Phlandaí/ <i>List of plants</i> ☐	Foghlaim amhrán /dán Gaeilge/ <i>Learn a song/poem in Irish</i> ☐

8	Oíche na Onesies/ <i>Onesie Night</i> ☐	Glac páirt in imeacht Gaeilge sa cheantar/Take part in a community event (Volunteer) ☐	Athléiriú ar radharc i scanná(i)n i nGaeilge/ <i>Re-enact a scene of a movie(s) in Irish</i> ☐	Sceitse bheag tré Ghaeilge / <i>Drama sketch</i> ☐	Iarratas Gaeilge a chur isteach chuig Comórtas Óige/ <i>Apply to a competition through Irish</i> ☐	Leabhar/Bileog Eolais ar Shabháilteacht ar líne / <i>Online safety book/leaflet</i> ☐	Focal amháin a fhoghlaim gach lá/ <i>Word of the Day</i> ☐
9	Rith an Bhogha báistí / <i>Colour Run</i> ☐	“Go raibh maith agat” a rá/ <i>Greet/Thank the bus driver/taxi driver</i> ☐	Leathanach Facebook a chruthú don chlub/ <i>Create a Facebook page for your club</i> ☐	Amhrán popcheoil a aistriú / Translate an song in the charts ☐	Tionscnamh idir ghlúine /Generational project ☐	Leabhar Oidis i nGaeilge ar na béilte is fear leat/libh/A recipe book on baking goods that you can use in the club ☐	Abair 'Dia duit' nuair a fhreagraíonn tú an fón/doras Say 'Dia duit' when answering the phone/door ☐
10	Maratón / <i>Marathon</i> ☐	Comharthaí/Lógós CLG a bheith i nGaeilge/ <i>Logo's and signage in your local GAA club</i> ☐	Ainm an chlub a bheith i nGaeilge/ <i>Translate the club's name to Irish</i> ☐	Cuir do chuid mothúchán ar phóstaer/ <i>Illustrate your emotions through art</i> ☐	Slam a dhéanamh <i>Make slime</i> ☐	Cúlra ainm chnoc/abhainn in aice leat/ <i>The history of river/hill nearest to you</i> ☐	Abair 'Slán'/ <i>Say 'Slán'</i> ☐

***Déan cinnte gur léadh an bileog eolais thíos, chun cinntiú go comhlíonfar gach dúshlán mar is ceart.

***Please ensure that you have read the information sheet below to ensure that each challenge was completed in compliance with the rules.

Ba chóir go mbeadh an Ghaeilge snite isteach le GACH imeacht/dúshlán. *EACH challenge must be carried out through Irish.*

Cur tic leis na dúshláin ar fad a rinne sibh agus seol an liosta thuas, mar aon leis an seicliosta (thíos) ar ais chuig danielle@ogras.ie.

Tick each challenge that you've completed and send the above list as well as the completed checklist(below) to danielle@ogras.ie

Ádh mór oraibh uilig/Best of Luck!

Tuilleadh eolais faoi na dúshláin/*Further Information*

A. Imeachtaí /Events

1. **Tóraíocht Taisce /Treasure Hunt:** Leag amach na leideanna agus an t-eolas ar fad i nGaeilge do na grúpaí. Bíodh ainmneacha na grúpaí i nGaeilge chomh maith (m.sh: na coiníní caidéiseacha, na froganna fiosracha). *Organise a Treasure Hunt for the club, all clues and all information must be in Irish. The group names should also be in Irish (e.g: na coiníní caidéiseacha, na froganna fiosracha).*
2. **Ióga tré Ghaeilge/Yoga through Irish:** Glac páirt i rang Ióga nó bíodh ceardlann ar siúl sa chlub. *Take a yoga class in Irish or organise to have the workshop at the club.* (Nótáil: Is féidir tabhairt faoi ceardlanna eile ACH go mbeidh sé i nGaeilge/You may take part in various workshops as long as the instructor has Irish)
3. **Siúlóid Dúlra /Nature Walk:** Bí amuigh ag siúl faoin aer agus bíodh gach treoir i nGaeilge. Take the club members through a nature trail or a safe nature walk, ensuring all directions for the walk are in Irish (Ar dheis, ar chlé, díreach, téigh ar ais, téigh suas).
4. **Cúrsa Bacainní/ Obstacle Course:** Bain úsáid as acmhainní nádúrtha, m.sh brainsí, clocha, adhmaid **+pointí breise le haghaidh samhlaíochta.** *Create an obstacle course using natural resources for e.g: branches/stones/wood. +extra points for imagination*
5. **Lá Spóirt/ Sports Day:** Bíodh gach cluiche chomh maith le hainmneacha na bhfoirne uilig i nGaeilge. Tabhair cuireadh do chlubanna eile le páirt a ghlacadh.
Organise a sports day in which all games are titled and explained in Irish. All teams names must be in Irish. Invite other clubs.
6. **Dioscó nó Céilí:** Bíodh an ceol, chomh fada agus is féidir, i nGaeilge. Bain úsáid as amhráin ó Ceol 2016/2017 agus amhráin Seo Linn srl. *Organise a disco or céilí for the club. The DJ (leader) will place emphasis on songs in Irish (Seo Linn/Ceol 2016/2017) or a céilí where all dances will be explained in Irish.*
7. **Imeacht ar Sabháilteacht ar líne/Online Safety Event:** Bain úsáid as an mbileog eolais a chuireadh le chéile (F:8) agus déan cur i láthair ar an ábhar seo don chlub/phobal nó is féidir cuireadh a thabhairt d'aoi speisialta (Garda/Saineolaí IT srl). Using the information and research from the book (F:8), organise an event for the club or the community where you explain the dangers of the internet. You could invite guest speakers e.g Local Garda/IT specialist etc. to speak.
8. **Oíche na Onesies /Onesie Night:** Tabhair cuireadh do na baill teacht chuig an chlub le Onesies nó PJ's, bhféidir go dtiocfadh sibh píotsa a ordú (ach bíodh an t-ordú i nGaeilge ☺). *Host a night in the club and invite the members to wear onesie's or PJ's. Share stories and jokes in Irish and maybe order some Pizza (order must be completed in Irish ☺)*
9. **Rith an Bhogha Báistí /Colour run:** Eagraigh rása le púdar daite, bíodh an t-eolas ar fad faoin ócáid i nGaeilge. *Organise a colour run ensuring all colours/information about the event is advertised/promoted in Irish*
10. **Maratón/Marathon:** Eagraigh maratón (fada/gairid), bíodh éagsúlacht spóirt san áireamh (mar shampla: rith 1 ciliméadar, scipeáil 2 nóiméad, rothaíocht 1 ciliméadar srl). *Organise a marathon, include various sports/exercises (e.g: 1km run, 2 minute skipping, 1km cycle etc).*

B. Nasc leis an bPobal/ Community Involvement

1. **Eagraigh imeacht Gaeilge don phobal/Organise a Community Event:** Eagraigh lá/oíche m. sh: drámaíocht, oíche cheoil, oíche fhilíochta, damhsa srl. agus tabhair cuireadh don phobal mór tré fhógráíocht. Thig postaer a dhéanamh, fógra a chuir sa nuachtlitir, fógra ar na meáin, a dhul ó dhoras go doras. **+pointí breise do shamhlaíocht.** *Organise an event (day/night) e.g play, music, poetry, dancing and invite the local community to join. +extra points for imagination*
2. **Déan gnó tré Ghaeilge/Business through Irish:** Téigh chuig an siopa, banc, gruaigeadóir, fiacloir agus labhair Gaeilge le aimsiú cé hiad na gnóanna áitiúla gur féidir Gaeilge a labhairt leo. *Speak Irish to the shopkeeper, hairdresser/barber/dentist etc. Report back with a list of businesses that are able to communicate in Irish.*
3. **Club Leabhar Gaeilge a thosú/Start a book club:** Tarraing grúpa le chéile a bhfuil spéis acu i léamh. Is féidir leabhair Gaeilge a aimsiú i leabharlann do Chomhairle Contae áitiúil nó ar www.cnagsiopa.com. *Gather a group of book enthusiasts together. You can find Irish language books in your local County Council library or on www.cnagsiopa.com*
4. **Duine cailiúil le Gaeilge/Invite a popular person with Irish to the club:** Tabhair cuireadh do dhuine mór le rá a bhfuil Gaeilge acu chuig an club (M.sh: Imreoir Peil Ghaelach, Ceoltóir, Scríbhneoir). *Invite a public figure who has Irish to the club (e.g. GAA player, singer, writer) – Let them explain the importance of the language to them.*
5. **Eagraigh imeacht carthanach/Organise a charity event:** Eagraigh ócáid/seirbhís in gur féidir baill den chlub a bheith páirteach, chun airgid a bhailiú le haghaidh carthanachta (m.sh. níochán cairr, biongó, seó tallainne, siúil mhadra, glanadh fuinneoige). *Organise a charity event or service where all members of the club can help to collect charity donations e.g car wash, bingo, talent show, dog walking, window cleaning.*
6. **Tráth na gCeist i nGaeilge/ Irish Quiz Night:** Tráth na gCeist a bheith i nGaeilge ó thús go deireadh *Host a Quiz Night. The Quiz must be in Irish.*
7. **Cóisir ghléasta le téama Gaelach/Fancy Dress with a cultural theme:** Bíodh téama Gaelach i bhfeidhm don chóisir ar nós carachtar ó scéalta (m.sh Finn agus Na Fianna, Oisín i dTír na nÓg, Diarmuid agus Gráinne, Clann Lir, Balor na Súile Nimhe, Cúchulainn, Labhraidh Loingseach.). *Have an Irish themed fancy dress show, dress up as characters from Irish legend (e.g Finn and the Fianna, Oisín in Tír na nÓg, Diarmuid and Gráinne, Clann Lir, Balor na Suil Nimhe, Cúchulainn, Labhraidh Loingseach). Glac grianghrafanna/Take photographs*
8. **Glac páirt in imeacht Gaeilge sa cheantar/Attend an Irish Event:** Freastal ar imeacht atá a reáchtáil i nGaeilge. *Attend any Irish event. Glac grianghrafanna/Take photographs*
9. **“Go raibh maith agat” a rá:** Abair “Go raibh maith agat” le tiomanaí bus/tacsaí nó aon tseirbhís eile. *Say “Go raibh maith agat” to bus/taxi driver, or any other service personnel.*
10. **Comharthaí/Lógós CLG a bheith i nGaeilge/Logos and signage in Irish in your local GAA club:** Labhair leis an CLG áitiúil, mol go mbeadh a gcuid comharthaí agus lógós i nGaeilge nó dhátheangach. *Speak to your local GAA and advise them, if they haven’t already done so, to have all their logos and signage in Irish or bilingual.*

C. Poiblíocht/Publicity

1. **Físeán Gaeilge a uaslódáil / Upload an Irish video to Youtube:** Déan taifead ar fhíseáin den chlub agus iad ag glacadh páirte in imeacht, ag eagrú imeachta, ag ceol/damhsa/seinm srl. agus uaslódáil go Youtube é agus roinn ar na meáin shóisialta é. Úsáid #Gaeilge2018 #Ógras. *Upload a video of the club (attending an event, organising an event, dancing, singing etc) to Youtube. Share on social media using #Gaeilge2018 #Ógras*
2. **Tionscnamh Teilifíse/T.V project:**
3. **Feachtas Mean Sóisialta/ Social Media Campaign:**
4. **Dúshlán grianghrafadóireachta/ Photography challenge:** Caithfidh gach baill den chlub grianghraf a thógáil le dathanna éagsúla éadach orthu (ó bun go barr). Cuir colláis le chéile do na dathanna éagsúla éadaigh agus croch ar an mballa é. *Each member of the club must take a picture, each wearing a different colour of clothing (from head to toe) print the photo and add to a colourful photo collage to pin to the wall.*
5. **Teachtaireacht chuig staisiún raidió i nGaeilge /Send a request to a radio station in Irish:** Simplí go leor ☺
6. **Nuacht an Chlub dátheangach / Club news (bilingual):** Bíodh nuacht an chlub i nGaeilge agus i mBéarla, muna bhfuil nuachtlitr ag an gclub, bain triail as nuachtlitr gairid a chuir le chéile do mhí amháin (ar a laghad). *Ensure the club's newsletter is bilingual, or try to publish a newsletter for at least one month (if the club doesn't have a newsletter).*
7. **#SpriocScuad /#SquadGoals:** Tóg grianghraf den ghrúpa (staidiúirí éagsúla) agus cuir ar Mhéain Shóisialta é le haischlib #SpriocScuad. *Take a photograph of the club (different poses) and post on Social Media with the hashtag #SpriocScuad*
8. **Athléiriú ar radharc i scannán i nGaeilge /Re-enact a scene of a movie in Irish:** Píoc scannán amháin, nó cúpla ceann má tá cúpla grúpa éagsúil ann. Déan athléiriú ar radharc ón scannán. Déan taifead agus uaslódáil go YouTube/FB/Twitter ag baint úsáid as #Gaeilge2018 #Ógras. *Agree on a movie favourite for the whole group of a few movies for different groups. The group must re-enact their favourite scene in Irish. Take a video and post it to YouTube or any other social media platform with the hashtag #Gaeilge2018 #Ógras.*
9. **Leathanach Facebook a chruthú don chlub/Create a Facebook page for your club:** Cruthaigh leathanach Facebook don chlub, muna bhfuil sé déanta cheana féin. Caithfih an cinnire a bheith i gceannas ar an leathanach agus aon ghrianghraf/físeáin a chuirfear suas a cheadú ar dtús. Bíodh ainm an chlub i nGaeilge. *Create a Facebook page for the club, the leaders should be the only administrators for that page and must provide permission for the images that are posted.*
10. **Ainm an chlub a bheith i nGaeilge/Translate the clubs name to Irish:** Simplí go leor ☺.

D. Ealaín/Arts

1. **Ceardlanna/Ealaín as Gaeilge /Workshops or Art through Irish:** Déan ceardlann (ceol/damhsa/ealaín) go hiomlán i nGaeilge. *Have a workshop (dancing/music/painting) in Irish.*
2. **Cruthaigh Brat / Make a flag:** Bain úsáid as an dearadh (F:6). *Use the layout of the previously designed flag (F:6).*
3. **Foghlaim Rince Gaelach/ Learn an Irish dance/dancing:** Bain sult agus spraoi as iarracht a dhéanamh damhsa a fhoghlaim ag breathnú ar fhíseáin.(YouTube: Riverdance, Seán-Nós srl.) Níl feidhm é a bheith agat de ghlan mheabhair, díreach gur bhain tú triail as. (Bíodh físeáin ar fáil den iarracht). Have fun in trying to learn an Irish dance from imitating steps from a video (Youtube:Riverdance, Seán-Nós etc). Give it a go and have fun, there is no need to learn each step. (Record a video of the efforts)
4. **Seanfhocail Gaeilge/Research and use the seanfhocail old frases:** Deán postaer le seanfhocail Gaeilge, bíodh íomha nó cartúin curtha leis chun iad a mhiniú, m.sh “Níl aon tinteán mar do thinteán fhéin.” *Make posters of useful Irish phrases and add cartoon figures or images to explain the phrases. e.g. “There's no place like home” in Irish.*

5. **Faigh greim ar na Grianghrafanna / Photograph finder:** Iarr ar bhaill den chlub dul ar ais agus grianghrafanna den chlub a aimsiú (sa bhaile/sa phobal) agus iad a thabhairt isteach. Déan cóip díobh agus cuir na grianghrafanna le chéile ar amlíne/ar phostaer. *Have members find old photographs of the club (at home/in the community). Make a copy of the photographs and place them on a timeline/poster.*
6. **Clúdach Albaim an chlub/Make an Album Cover for your club:** Glac grianghraf den chlub agus priontáil é, bain úsáid as ábhair ealaíne agus cuir ainm an chlub (nó teideal eile) ar an ngrianghraf. *Take an album-like photograph of the club, print and using art materials add the club name (or other title) to the photo.*
7. **Scéal grinn tré Ghaeilge /Tell a joke in Irish:** Aistrigh nó déan do cheann féin (Thiocfadh libh oíche ghrinn a bheith agaibh sa chlub) *Make it up or translate a joke to Irish. (You could even host a comedy night in the club)*
8. **Scitse bheag tré Ghaeilge/Drama sketch (in Irish):** Scitse 3-7 nóimead a chur le chéile ag baint úsáide as téamaí sa nuacht. *Make a 3-7 minute sketch using stories in the news.*
9. **Amhrán Popcheoil a aistriú /Translate a song in the charts:** Aistrigh amhrán go Gaeilge agus déan taifead air. (nó glac pictiúr de na focail) *Translate a song to Irish and record it. (or take photographs of the translation)*
10. **Cuir mothúchain ar phóstaer /Illustrate your emotions through art:** Cuir do chuid smaointe agus do chuid mothúchán faoin teanga agus faoin gcultúr ar phaipéar. Céard é do dhearcadh? Ní gá é a mhiniú. *Illustrate you thoughts and emotions in regards to our language and culture through art. What are your views? No need to explain.*

E. Lionrú/Networking

1. **Leabhair Oidis le Bia Sláintiúil/Healthy recipes book:** Cur leabhar/nótaí le chéile ar oidis sláintiúil ata aistrithe agaibh. *Gather healty recipes and translate to Irish and make a book or scrapbook of all the recipes.*
2. **Frásaí i nGaeilge a chuir le chéile/A list of Irish phrases:** Déan machnamh ar na frásaí a bhíonn a n-úsáid ag daoine óga go minic. m.sh – Ag gáire os ard – (AGOA) cuir Gaeilge orthu agus acrainm leo. *Think of phrases/words that are used daily by young people (e.g selfie, lol), translate to Irish and add an acronym.*
3. **Lionrú nó Turas idirnáisiúnta/International networking or trip:** Déan ceangail le grúpaí idirnáisiúnta agus bí ag comhrá agus ag malartú smaointe éagsúla leis na grúpaí. (Is féidir fiosrú faoi thuras idirnáisiúnta sa todhchaí). *Connect with other youth groups that are based in other countries, the club can contact and exchange ideas with these groups. (the club could organise a trip to that country in the future)*
4. **Cuireadh do cairde chuig an chlub/ Bring a friend to the club:** Tabhair cuireadh do chara/col ceathar/deirfiúr/deartháir srl. teacht chuig do chlub ar feadh oíche agus taispeáin an spraoi agus spórt a bhíonn sa chlub. *Invite a friend/cousin/brother/sister to your club for a night.*
5. **Lá/Oíche Theaghlaigh sa chlub/Family Day/Night –:** Tabhair cuireadh don teaghlach teacht chuig an chlub. *Invite other members of your family to join the youth club for a day/night.*
6. **Agallamh le tuismitheoirí/seantuismitheoirí /Interview a parent/grandparent:** Cuir agallamh ar duine níos sine ar a gcuid smaointe faoinár gcultúr agus teanga agus an t-athrú atá tagtha air ó bhí siadsan ar scoil. *Interview a parent/grandparent on their view of Irish language and culture and the changes they've experienced.*

7. **Freastal ar imeachtaí Gaeilge/Attend an Irish event of another club:** Bí i dteagmháil le clubanna eile atá páirteach i ndúshláin Bhliain na Gaeilge agus freastal ar ceann dá gcuid imeachtaí. *Connect with other club that are taking part in Bliain na Gaeilge challenges and attend one of their events.*
8. **Iarratas Gaeilge a chur isteach i gComórtas Óige/Apply to youth competitions in Irish:** Má bhíonn iarratais a dhéanamh ag an chlub, bíodh an t-iarratas sin agus ainm an chlub i nGaeilge. *If the club is entering a competition, the application should be filled out in Irish and using the Irish version of the clubs name.*
9. **Tionscnamh Idir Ghlúine /Generational Project: Labhair le daoine níos sine sa phobal maidir lena saol agus an difríocht idir a hÓige agus inniu. Cuntas i nGaeilge. Speaker with older people in the Community and discuss the difference between the society of their youth and today's society. Account in Irish.**
10. **Slam (Slime) a dhéanamh le ball nach bhfuil aithne mhaith agat orthu sa chlub /Make slime with a person in the club that you don't know (or don't know well):** Aimsigh oideas le haghaidh slime (<https://littlebinsforlittlehands.com/homemade-slime-recipe/>) . Cuir na baill i ngrúpaí le duine nach bhfuil an oiread sin aithne acu orthu agus thig leo oibriú ar an slam a dhéanamh. *Make slime using an online recipe (https://littlebinsforlittlehands.com/homemade-slime-recipe/). Split the club into groups of two with members that don't know each other (or don't know each other well). They must work together to make the slime using the recipe.*

F. Cruthú /Creation

1. **Leabhair oidis le Bia Sláintiúil/Healthy recipes book:** Cur leabhar/nótaí le chéile ar oidis sláintiúil ata aistrithe agaibh. *Gather healty recipes and translate to Irish and make a book or scrapbook of all the recipes.*
2. **Frásaí i nGaeilge a chuir le chéile/A list of Irish phrases:** Déan machnamh ar na frásaí a bhíonn á n-úsáid ag daoine óga go minic. m.sh – Ag gáire os ard – AGOA) cuir Gaeilge orthu agus thig acrainm a chur LEO. *Think of phrases/words that are used daily by young people (e.g selfie, lol), translate to Irish and add an acronym.*
3. **Liosta logainmneacha agus an miniú a chuir le chéile/ List of Placenames and their meanings**
4. **Scríobh dán / Write a poem:** Scríobh dán gairid/fada ach bíodh sé nua-chumtha agus i nGaeilge. *Write a short or long poem, as long as it's original and in Irish.*
5. **Scríobh leabhar/Write a book:** Thig leis an ngrúpa caibidil amháin an duine a scríobh. Arís,bíodh sé gairid nó fada, simplí nó deacair, ach bíodh sé nua-chumtha agus i nGaeilge. *The members could work on a chapter each. It can be short, long, easy or hard as long as it's original work and in Irish.*
6. **Dearadh Brat /Design a flag:** Bíodh smaoineadh ar théama don bhrat, bíodh lógo agus ainm an chlub ar an mbrat, chomh maith le lógó Ógras & Bliain na Gaeilge. *Come up with a theme to represent your club, include a club logo and title (in Irish) and the logos of Ógras & Bliain na Gaeilge.*
7. **Liosta de Phlandaí sa cheantar a chuir le chéile agus Gaeilge a chuir orthu/List of plants in the area and their Irish names:**
8. **Leabhar /Bileog ar Sabháilteacht arlíne/Online safety book/leaflet:** *Discuss the dangers/benefits of the Internet. Write down the things that the members like about the internet and the things that worry them about their own safety.*
9. **Oideas ar na milseoga is fearr libh/Good recipes for sweet treats:** Déan liosta de na béilte/milseoga is fearr libh. Píoc na cinn is simplí le tabhairt faoi. Cuir leabhar nótaí le chéile gur féidir an club úsáid a bhaint as. *Make a list of everyone's favourite sweet treats, pick some simple recipes and make a notebook of those recipes that the club could use in the future.*
10. **Cúlra ainm chnoc/abhainn in aice leat/The meaning of river/hill nearest to you:** Déan taighde ar ainm abhainn nó cnoc is congáraí duit/don chlub. *Research the history of the title of a river/hill nearest to you/the club.*

G. Féinfhorbairt /Self-Development

1. **Dhá abairt as Gaeilge leis an teaglach/ Two Irish sentences at home every day:** Abair dhá abairt, ar a laghad, sa bhaile gach lá. Bíodh na habairtí éagsúil agus cuir ceistanna i nGaeilge. *Ensure you use at least two Irish sentences at home each day. Use different sentences each day and make sure to ask questions.*
2. **Caith an fáinne/Wear the ring:** Léiríonn an Fáinne Óir go bhfuil líofacht sa Ghaeilge agat. *This ring shows you are willing to speak Irish.*
3. **Geansaí an chlub (Geansaí le Gaeilge) a chaitheamh /Wear your club jumper or other Irish jumper:** Caith geansaí a léiríonn ainm club Gaelach nó a bhfuil frása Gaeilge air. *Wear a jumper that displays your club name (in Irish) or wear an item with an Irish phrase displayed on it.*
4. **Aimsigh stair d'ainm & do shloinne/Research the history of your name and surname:** Déan taighde ar stair d'ainm agus léirigh ar charta é. *Research the origins of your name, display the results on a flashcard in Irish.*
5. **'Croí na Gaeilge' ar carr do mhuintire/Ensure that the 'Croí na Gaeilge' sticker is on each family members' car:** Tabhair greamán don mhéid daoine is gur féidir leat. Tóg pictiúr do gach greamán atá curtha in airde. *Provide as much family members as possible with 'Croí na Gaeilge' stickers. Take a photograph of each sticker on display.*
6. **Éist le hámhrán Gaeilge uair amháin sa tseachtain /Listen to at least one song in Irish a week:** Cuir amhrán amháin, ar a laghad, as Gaeilge i liosta ar Youtube/Spotify. Éist le Raidió na Gaeltachta le amhráin de chinéalacha éagsúla a aimsiú. Nótaíl: Is féidir leis an gclub amhrán as 'Ceol 2017' a chur ar siúl sa chlub. When listening to the radio/Spotify/YouTube etc., find at least one Irish song and add to a playlist. Listen to Raidió na Gaeltachta to hear various genres of music in Irish. Note: The club could play a song from 'Ceol 2017' each week.
7. **Foghlaim amhrán nó dán tré Ghaeilge/ /Learn a song/poem in Irish:** Píoc amhrán amháin, ar a laghad, ón tseinnliosta agus foghlaim na focail ón amhrán sin. *Pick a song from your playlist and learn the words to at least one song.*
8. **Focal amháin nua a fhoghlaim gach lá/Learn a new Irish word each day:** Go ar www.foclóir.ie agus bí ag féachaint ar 'Fhocal an Lae' ar taobh na láimhe deise. *Find your Word of the Day on www.foclóir.ie, you will find the word/phrase on the right-hand side of the screen.*
9. **Abair 'Dia duit' nuair a fhreagraíonn tú an fón/ Say 'Dia duit' when answering the phone/door:** Beannaigh gach duine leis an bhfrása beag seo. *Greet everyone you meet/speak to with this simple phrase.*
10. **Abair 'Slán'/Say 'Slán' when leaving:** Simplí go leor. *It's fairly simple. ☺*